

HERPES HEALING



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CASE NOTES ON HERPES HEALING

The following notes, provided by a 42 year old male, describe a mind body healing approach to genital herpes, using NLP and hypnotherapy based visualisations.

Case study description #1.

“I started with a Simonton’s type visualisation. A street scene at night in a city type area. Herpes come out of a man hole in the street. Immune system cells patrolling the street recognise the virus and put a flag on them. They call up other immune system cells that disable the virus. Other immune cells load the disabled virus into a truck and cart them away to be broken down into tiny parts for recycling. Those parts that can’t be recycled are excreted from the body.

Then an image came to mind was of a head on traffic incident between two cars. Lots of police, ambulances, bystanders etc. Each element of the accident scene had some symbolic relationship to the healing process. Developed an understanding. Worked with each element of the accident scene as with elements of the immune system.

Then added universal love and healing energy as a blue light. Then progressed to putting the healing energy directly into the lesion. Universal love and healing energy as a blue light down and into the lesion. The light goes under and then up into the lesion, rather than on top. See the blue healing light shining like a blue light emitting diode (LED). Need to maintain focus.

As a result of shining the light into the lesion memories surfaced that are related to the injury. The light then shines into the memories that are related to the injury and heals them. As you intensify the blue light it may shine out of other old lesion areas. The light then shines into other memories and heals them.

As I added the healing energy to the lesion, periodically I checked in with the accident scene and it too had a blue healing light radiating through it. Then the accident scene cleared and the traffic moved normally on the road, which indicated some success in healing.

In addition I visualised the lesion turning progressively from bright red, to dark red, brown purple, purple, light purple, blue, light blue and then to healthy skin colour. I repeated this a number of times. It took a lot of energy to maintain focus on the image. I felt tired afterwards. I could also have seen it progressively get smaller as well but will do this next time.”

Note: The client reported three days later that the lesion had healed.

Case study description #2.

“When I experienced a slight irritation in the urethra, which I associated with signs of herpes, I did the following visualisation.

First I worked on healing residual guilt around birth of my daughter. Visualised universal love and healing energy as a golden light inside the sperm and the egg. Used a bright LED. When the sperm fertilised the egg the golden light became bigger and more intense.

Added universal love and healing energy as a golden light into the image of the conception love making session. At the time I remembered feeling guilty and knowing that from that session a baby would be born, which I was not ready for. Added golden light into the penis, into the woman’s vagina, into both bodies. Took the image which was nearly black and turned it over. On the other side I put the universal love and healing energy as a golden light.

At the birth I visualised the universal love and healing energy as a golden light entering the crown chakra, heart and body of the mother, then into the crown chakra and heart of the baby, still as yet unborn. When the baby was born the process was repeated.

I then returned to present time coordinates and put universal love and healing energy as a golden light inside the urethra where the discomfort was. Used the LED to make it brighter.

I gave feelings of love, respect, comfort and ‘being needed’ to the genitals, both inside and out, including the bladder and prostate gland.

I imagined the urethra to be big enough to accommodate a finger, then imagined that the finger was rubbing universal love and healing energy as a golden liquid inside the urethra to heal the lining and locations of discomfort. This was being done in the most loving way that one could imagine. A profound trance ensued.

When I checked a series of memories of the daughter the universal love and healing energy as a golden light was shining from both her eyes and her mother.

There was a feeling of being blessed. This feeling was experienced by the father, mother and daughter. The feeling was that perhaps in real time the healing energy had also reached both mother and daughter.”

Case study description #3.

“I had gotten symptoms of a possible herpes attack from obsessive sexual thoughts after meeting an attractive woman. Used a pendulum to check on ‘to what degree’, etc. Banished obsessive sexual thoughts, banished sexual thoughts, banished feeling of discomfort and tension in the genital area.

Trance induction – lay down and paid attention to sounds and body sensations. Banishing all sexual thoughts and being in the present moment.

Generated a resource by making suggestions while in trance and then put those feelings into the discomfort and tension in the genital area, and into the penis.

Feeling totally loved, totally loving, totally peaceful, beautiful, gorgeous, proud, strong, happy. Totally accepting my body, skin colour, penis, etc. Feeling needed and wanted. Flowing these feelings into the penis... into the discomfort and tension... a loving penis, a proud penis, a strong penis... a beautiful penis... feeling totally loving and beautiful... feeling gorgeous... totally proud and strong... such that in the coming minutes and hours I might be delightfully surprised at some of the changes that have occurred... feeling the penis to becoming bigger and stronger, more virile, more extroverted, and even more loving and even more beautiful now... and so on.”

Note: A week later the herpes had healed. Within two weeks the penis looked to be in perfect health. The client reported that he had never had such high feelings of love and self esteem for his penis as he did now. For the first time in his life he felt that his penis was beautiful.

**For more information on mind body healing procedures refer to the
Beyond Hypnosis Manual by Abby Eagle.
Available at www.abbyeagle.com**

The most effective procedure for healing herpes is in the section titled, *Session Outlines.*

Disclaimer

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